



**LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034**

**M.Sc. DEGREE EXAMINATION – MEDICAL SOCIOLOGY**

THIRD SEMESTER – NOVEMBER 2015

**SO 3807 - COUNSELLING**

Date : 05/11/2015  
Time : 09:00-12:00

Dept. No.

Max. : 100 Marks

**SECTION-A**

**Answer the following in 30 words each:**

**(10x2=20)**

1. Define Counselling.
2. Mention any two myths about counselling.
3. List any four basic skills of a counsellor.
4. Do you think “follow – up “for a client is necessary? Why?
5. What is “Talking Therapy”?
6. Which therapy is well suited for psychiatric disorders, and how it is applied?
7. Paraphrasing is considered important for preparing a case study? Why?
8. Bring out the steps involved in terminating a counselling session.
9. Mention the three important areas of marriage counselling.
10. State the importance of physical setting of a counselling room.

**SECTION-B**

**Answer any Five of the following in 300 words each:**

**(5x8=40)**

11. Bring out the characteristics and objectives of counselling.
12. Write a brief note on Humanistic approach in counselling.
13. Explain the skills of a counsellor.
14. Describe the appropriate attitude of a successful counselor.
15. Empathy is considered to be an unconditional positive regard for a client. Illustrate..
16. How does a counselor rehabilitate chemically dependent client through counselling process.
17. What is career counseling? Highlight its importance.

**SECTION-C**

**Answer any TWO of the following in 1000 words each.**

**(2x20=40)**

18. Discuss in detail, how ethics , morality and law helps the counselor to maintain the level of professional competence ?
19. Elucidate the stages of counselling in detail.
20. Explain the Rational Emotive therapy.
21. How should marriage couple and family counselors need to be well schooled in stages of preparing, middle phase and termination of the counselling session. Discuss.

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